



#### Sweet as a berry, summer is merry Cool fruits and lemonade A memory that will never fade Vacations are always FUN Remember not to go out in the sun!

# Dear parents,

- Gratitude for your kind cooperation for the successful step into this **academic year 2023-24.**
- Admission for the academic year 2023-24 for the grades from **Pre kg to XI** is going on. Kindly convey your friends, relatives and neighbours.
- The school reopens after the vacation on June07, 2023 (Wednesday). Please ensure to send your child on the day of reopening to school without fail.
- Our children can best comprehend the value of family, only when parents inculcate the significance of the relationship in the minds of the children. It's your turn to reach your children.
- It's a humble request you to spare your valuable time with your child.
- We are very happy to inform you that we have planned to have **summer camp** from **April 24(Monday) to May 5(Friday)** from JKG onwards. Kindly utilize the wonderful opportunity to excel in skill activities.
- Kindly ensure that the holiday homework is completed by the students under the guidance of the parents.
  - So here we start.....

#### Morning blessing

- Ensure that your child gets blessings from their parents and grandparents every day.
- Help your child inculcate good habits like doing "Surya Namaskar" and encourage him/her to wish all elders in the morning.
- If possible, visit a temple or any other religious place of your choice.

#### Nature walk:

- Every week take your child for a nature walk.
- Guide your child to collect leaf, stones, seeds etc...to create a scrapbook with your child.
- This activity helps children develop their fine motor skills, creativity and teach them how to respect the nature.

#### \* Physical development

Play different games **like hide and seek football, ludo, chess, snake and ladder, carrom board etc**. with your child. This will encourage them to express freely and will make them more responsible.

## \* Gardening

- Take the children to garden area.
- Plants some flowers or vegetables with your child in your backyard or in a small container garden. You can teach them about gardening and watch as there plants grow.

## Social and Emotional Development

- Tell the child about your childhood, share incidence from the past and show him or her old family albums. These will strength and the bond between you and your child.
- Cook dinner together, show your child how to measure 1 cup, 1 teaspoon etc. Start naming the food groups when you serve them.
- Let your child help in household course like cleaning Windows, filling Water bottles watering the plants etc.

#### \* Bubble fun

Blow bubbles with your child using a bubble wand or create your own bubble solution. Your child can chase and pop bubbles for hours of fun.

### Cutting and Pasting

- Tell your child how to hold the scissor.
- Have your child practice their scissor skills by cutting out shapes from construction paper and then gluing them on to a piece of paper.

#### Fun with books

#### Book is a gift you can open again and again.

Encourage your child to read age appropriate picture books. Picture reading must be followed by a discussion with the child. Encourage him/her to share views on what he/she has seen in the book.

#### Suggested reading:

- The Red Raincoat at <a href="https://storyweaver.org.in/stories/369">https://storyweaver.org.in/stories/369</a>
- https://storyweaver.org.in/stories/34684-such-a-sweet-smell
- Scratch, scratch, scratch- from Pratham.

#### $\star$ Puzzles give brain a fun work out

Daily puzzles could also be solved to improve thinking skills. Spot the difference; connect the dots, mazes, crosswords, easy Sudoku are few.

These could be found online and in newspaper.

Please pick up age appropriate puzzles as per your child's level of understanding.

#### \*General tips

- Wash your hands frequently.
- Drink plenty of water.
- Apply sunscreen.
- Wear appropriate clothing.
- Take frequent breaks.
- Eat healthy snacks.
- Stay in shaded areas.

- **Good manners and good habits** are their lifelong assets and they should be practiced until they become habit.
- Revise the four magical words: PLEASE, SORRY, THANK YOU and EXCUSE
  ME which we have learned as the part of basics of good manners.



# My special day with mom

# Make Mango Salsa

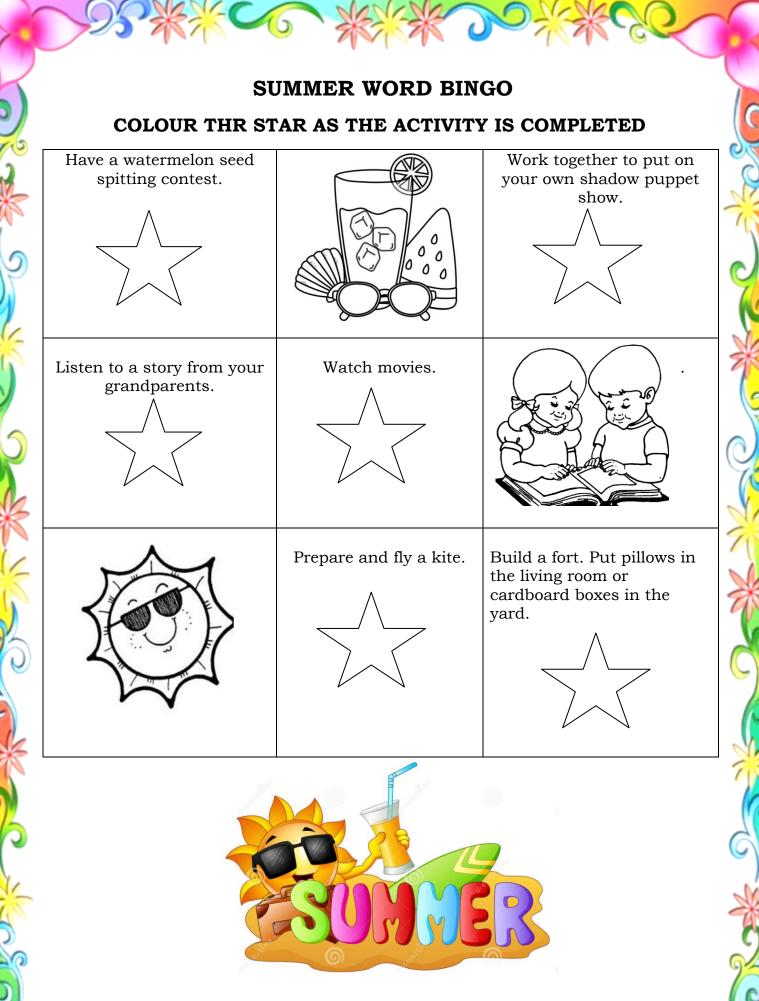
# Ingredients

- Ripe and sweet mango cubed: 1.
- Red bell pepper finely chopped: 1/2 cup.
- Mint leaves finely chopped: a handful.
- Coriander leaves finely chopped: a handful.
- Lemon juice: 3 tbsp.
- Salt and pepper to taste.

# How to make mango salsa

- Mix all the ingredients in a bowl.
- Add lemon juice, salt, and pepper.
- Mix well and refrigerate for  $\frac{1}{2}$  an hour.
- Serve it to your kids along with chips.





HAPPY SUMMER HOLIDAYS